

**SAL CHAMPIONSHIP MEET
FEBURARY 7, 2010
LASALLE UNIVERSITY**

Morning Session: Boys

Doors open at 7:30 AM.

Meet begins promptly at 9:00 AM.

Coaches/Scratch Meeting 8:00 AM.

Timers and officials report at 8:30AM.

All other workers report at 8:30 AM.

Warm ups:

Time	Lane-1	Lane-2	Lane-3	Lane-4	Lane-5	Lane-6
7:45-8:00	NPAC	NPAC	PENN / CBAC	CBAC	DCAA	MAC
8:00-8:15	SWAC	SWAC/ PR	CR / NAAC	NAAC	PWAC	CAC / WCAC
8:15-8:30	UMAC / RAC	RAC	RAC	SOUD	LMAC/ SOUD	LMAC / PVAC
8:30-8:45	LMSD	LMSD	HHAA / CORE	UDAC	UDAC / SAC	SAC

*** Each team will supply 1 parent to patrol the facility to insure safety and proper behavior. (Report at 1:00 PM)**

3 Timers from each team for the whole session. *Each timer needs to bring 2 Watches*****

Lane 1- RAC, Lane 2- UDAC, Lane 3- NPAC, Lane 4-LMSD, Lane 5- CBAC, Lane 6 -SWAC

3 Runners all session: WCAC

Awards table 2 each all session: PENN, LMAC.

Clerk of Course 2 each all session: SOUD, HHAA, PVAC, SAC, CORE, DCAA, MAC, PR

Shirt and program sale: PWAC

Computer: UMAC

Announcer: UMAC

Touch Pads: UMAC

Back-up Timer: 2 people all session-NAAC

Deck Marshall: 2 people all session start at 7:30 AM: CR

Hospitality: CAC Provide cooler with water and sodas for deck workers- get hoagies and sandwiches for workers in between the meets.

Please Note that any one found outside of the **Pool Area and Lobby** will be asked to leave the building.

Parents: Your children are your responsibility. Please monitor their behavior and do not leave them unattended.