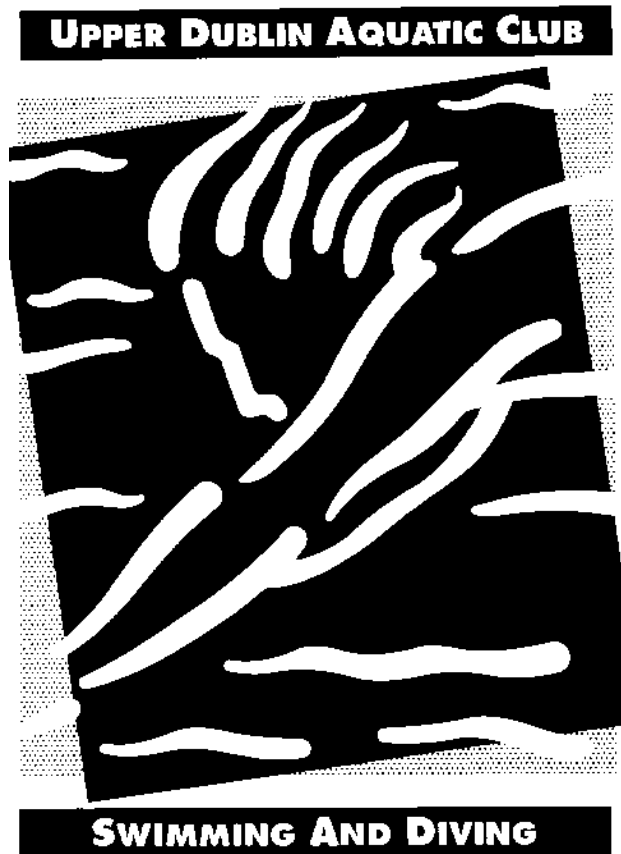


# Welcome to The C.J. Martin Relay Carnival



Sponsored by UDAC  
Hosted by Sunny Willow Swim Club  
Wednesday, July 6<sup>th</sup>, 2011

Dear Swimmers, Coaches, Parents, and Swimming Fans,

Welcome to the C. J. Martin Relay Carnival! In its 16<sup>th</sup> year, this event brings together the six summer swim clubs that sponsor teams with participants from Upper Dublin Township and the surrounding vicinity, including host Sunny Willow, Manorlu, Manufacturers', Maple Manor, Oreland, and Fort Washington. Sponsored by the Upper Dublin Aquatic Club (UDAC), the Relay Carnival provides an opportunity for swimmers and their families and friends to gather over the summer.

The Relay Carnival was created in 1996 as a cooperative effort between UDAC and the Upper Dublin High School swimming teams, designed to promote swimming as a sport, our community, and the FUN of athletic competition. Many participants also represent neighboring communities and area schools. In 1998, the event was named for C. J. Martin, who swam for Fort Washington and UDAC for many years and was a member of the UDHS swim team. Tonight, as we gather again, we celebrate his love of the fun and spirit of competitive swimming.

Please join us for an exciting evening of competition, from the first 8 & under relay through the thrilling all-ages Grand Slam Freestyle relay and the eagerly anticipated Parent, Alumni and Coach/Lifeguard relays. Who will take home the Bucket, the Lamp, the Chair and the Boot this year? Cheer loud, swim hard, catch up with your friends, and most of all, have fun.

A special thank you to Sunny Willow Swim Club, their members and volunteers for hosting this year's event. We invite everyone to stay for an hour of music and dancing following the awards.

<u>WARM-UP TIME</u>	<u>TEAM</u>	<u>LANES</u>
5:00 PM	SUNNY WILLOW ORELAND	1-3 4-6
5:20 PM	MANORLU MANUFACTURERS'	1-3 4-6
5:40 PM	FORT WASHINGTON MAPLE MANOR	1-3 4-6

<b>Coaches Meeting:</b>	5:30 PM
<b>Volunteers Meeting:</b>	5:45 PM
<b>Welcome:</b>	6:00 PM
<b>Start of relays:</b>	6:15 PM - PROMPTLY
<b>Awards:</b>	7:45 PM
<b>Dance Party:</b>	8:00 PM - 9:00 PM

**Mark your calendar! 2011-2012 UDAC In-Person Registration** (*Upper Dublin Township Building*)

Tuesday      September 6<sup>th</sup>      7:00 PM - 8:30 PM

*online registration will be available starting in August at [www.udac.us](http://www.udac.us)*

# C.J. Martin Relay Carnival July 6<sup>th</sup>, 2011 Sunny Willow Swim Club

Event # 1	Girls	100	8 & under Freestyle relay	Place	Time
1.	Oreland			_____	_____
2.	Sunny Willow		<u>Record</u>	_____	_____
3.	Fort Washington		<b>1:20.70</b>	_____	_____
4.	Manorlu		<b>Manufacturers'</b>	_____	_____
5.	Manufacturers'		7/14/1997	_____	_____
6.	Maple Manor			_____	_____
Event # 2	Boys	100	8 & under Freestyle relay	Place	Time
1.	Sunny Willow			_____	_____
2.	Fort Washington		<u>Record</u>	_____	_____
3.	Manorlu		<b>1:17.20</b>	_____	_____
4.	Manufacturers'		<b>Fort Washington</b>	_____	_____
5.	Maple Manor		7/08/2010	_____	_____
6.	Oreland			_____	_____
Event # 3	Girls	100	10 & under Freestyle relay	Place	Time
1.	Fort Washington			_____	_____
2.	Manorlu		<u>Record</u>	_____	_____
3.	Manufacturers'		<b>1:04.76</b>	_____	_____
4.	Maple Manor		<b>Maple Manor</b>	_____	_____
5.	Oreland		7/14/1997	_____	_____
6.	Sunny Willow			_____	_____
Event # 4	Boys	100	10 & under Freestyle relay	Place	Time
1.	Manorlu			_____	_____
2.	Manufacturers'		<u>Record</u>	_____	_____
3.	Maple Manor		<b>1.06.59</b>	_____	_____
4.	Oreland		<b>Manufacturers'</b>	_____	_____
5.	Sunny Willow		7/14/1997	_____	_____
6.	Fort Washington			_____	_____
Event # 5	Girls	200	12 & under Freestyle relay	Place	Time
1.	Manufacturers'			_____	_____
2.	Maple Manor		<u>Record</u>	_____	_____
3.	Oreland		<b>2:09.18</b>	_____	_____
4.	Sunny Willow		<b>Manorlu</b>	_____	_____
5.	Fort Washington		7/06/2006	_____	_____
6.	Manorlu			_____	_____
Event # 6	Boys	200	12 & under Freestyle relay	Place	Time
1.	Maple Manor			_____	_____
2.	Oreland		<u>Record</u>	_____	_____
3.	Sunny Willow		<b>2:10.29</b>	_____	_____
4.	Fort Washington		<b>Oreland</b>	_____	_____
5.	Manorlu		7/12/2001	_____	_____
6.	Manufacturers'			_____	_____
Event # 7	Girls	200	14 & under Freestyle relay	Place	Time
1.	Oreland			_____	_____
2.	Sunny Willow		<u>Record</u>	_____	_____
3.	Fort Washington		<b>2:01.33</b>	_____	_____
4.	Manorlu		<b>Manorlu</b>	_____	_____
5.	Manufacturers'		7/09/2007	_____	_____
6.	Maple Manor			_____	_____

# C.J. Martin Relay Carnival July 6<sup>th</sup>, 2011 Sunny Willow Swim Club

Event # 8	Boys	200	14 & under Freestyle relay	Place	Time
1.	Sunny Willow			_____	_____
2.	Fort Washington		<u>Record</u>	_____	_____
3.	Manorlu		<b>1:53.90</b>	_____	_____
4.	Manufacturers'		<b>Oreland</b>	_____	_____
5.	Maple Manor		7/10/2003	_____	_____
6.	Oreland			_____	_____
Event # 9	Girls	200	18 & under Freestyle relay	Place	Time
1.	Fort Washington			_____	_____
2.	Manorlu		<u>Record</u>	_____	_____
3.	Manufacturers'		<b>1:56.01</b>	_____	_____
4.	Maple Manor		<b>Maple Manor</b>	_____	_____
5.	Oreland		7/14/1997	_____	_____
6.	Sunny Willow			_____	_____
Event # 10	Boys	200	18 & under Freestyle relay	Place	Time
1.	Manorlu			_____	_____
2.	Manufacturers'		<u>Record</u>	_____	_____
3.	Maple Manor		<b>1:42.83</b>	_____	_____
4.	Oreland		<b>Oreland</b>	_____	_____
5.	Sunny Willow		7/09/2007	_____	_____
6.	Fort Washington			_____	_____
Event # 11	Girls	200	Backstroke relay	Place	Time
1.	Manufacturers'			_____	_____
2.	Maple Manor		<u>Record</u>	_____	_____
3.	Oreland		<b>2:29.25</b>	_____	_____
4.	Sunny Willow		<b>Manufacturers'</b>	_____	_____
5.	Fort Washington		7/09/2009	_____	_____
6.	Manorlu			_____	_____
Event # 12	Boys	200	Backstroke relay	Place	Time
1.	Maple Manor			_____	_____
2.	Oreland		<u>Record</u>	_____	_____
3.	Sunny Willow		<b>2:22.51</b>	_____	_____
4.	Fort Washington		<b>Manufacturers'</b>	_____	_____
5.	Manorlu		7/09/2009	_____	_____
6.	Manufacturers'			_____	_____
Event # 13	Girls	200	Breaststroke relay	Place	Time
1.	Oreland			_____	_____
2.	Sunny Willow		<u>Record</u>	_____	_____
3.	Fort Washington		<b>2:39.74</b>	_____	_____
4.	Manorlu		Oreland	_____	_____
5.	Manufacturers'		7/08/1999	_____	_____
6.	Maple Manor			_____	_____
Event # 14	Boys	200	Breaststroke relay	Place	Time
1.	Sunny Willow			_____	_____
2.	Fort Washington		<u>Record</u>	_____	_____
3.	Manorlu		<b>2:38.43</b>	_____	_____
4.	Manufacturers'		<b>Fort Washington</b>	_____	_____
5.	Maple Manor		7/14/1997	_____	_____
6.	Oreland			_____	_____

# C.J. Martin Relay Carnival July 6<sup>th</sup>, 2011 Sunny Willow Swim Club

Event # 15	MIXED	250	Mike Kennedy T-Shirt Relay	Place	Time
1.				_____	_____
2.			<u>Record</u>	_____	_____
3.			<b>3:45.02</b>	_____	_____
4.			<b>Manorlu</b>	_____	_____
5.			7/11/2002	_____	_____
6.				_____	_____
Event # 16	Girls	200	Butterfly relay	Place	Time
1.				_____	_____
2.			<u>Record</u>	_____	_____
3.			<b>2:16.80</b>	_____	_____
4.			<b>Fort Washington</b>	_____	_____
5.			7/11/1996	_____	_____
6.				_____	_____
Event # 17	Boys	200	Butterfly relay	Place	Time
1.				_____	_____
2.			<u>Record</u>	_____	_____
3.			<b>2:14.90</b>	_____	_____
4.			<b>Maple Manor</b>	_____	_____
5.			7/09/2009	_____	_____
6.				_____	_____
Event # 18	Girls	100	8 & under Medley relay	Place	Time
1.				_____	_____
2.			<u>Record</u>	_____	_____
3.			<b>1:29.75</b>	_____	_____
4.			<b>Fort Washington</b>	_____	_____
5.			7/14/1997	_____	_____
6.				_____	_____
Event # 19	Boys	100	8 & under Medley relay	Place	Time
1.				_____	_____
2.			<u>Record</u>	_____	_____
3.			<b>1:31.96</b>	_____	_____
4.			<b>Manufacturers'</b>	_____	_____
5.			7/08/2010	_____	_____
6.				_____	_____
Event # 20	Girls	100	10 & under Medley relay	Place	Time
1.				_____	_____
2.			<u>Record</u>	_____	_____
3.			<b>1:16.09</b>	_____	_____
4.			<b>Sunny Willow</b>	_____	_____
5.			7/11/1996	_____	_____
6.				_____	_____
Event # 21	Boys	100	10 & under Medley relay	Place	Time
1.				_____	_____
2.			<u>Record</u>	_____	_____
3.			<b>1:14.31</b>	_____	_____
4.			<b>Manufacturers'</b>	_____	_____
5.			7/09/1998	_____	_____
6.				_____	_____

# C.J. Martin Relay Carnival July 6<sup>th</sup>, 2011 Sunny Willow Swim Club

Event # 22	Girls	200	12 & under Medley relay	Place	Time
1.	Manorlu			_____	_____
2.	Manufacturers'		<u>Record</u>	_____	_____
3.	Maple Manor		<b>2:32.15</b>	_____	_____
4.	Oreland		<b>Fort Washington</b>	_____	_____
5.	Sunny Willow		7/09/1998	_____	_____
6.	Fort Washington			_____	_____
Event # 23	Boys	200	12 & under Medley relay	Place	Time
1.	Manufacturers'			_____	_____
2.	Maple Manor		<u>Record</u>	_____	_____
3.	Oreland		<b>2:26.40</b>	_____	_____
4.	Sunny Willow		<b>Oreland</b>	_____	_____
5.	Fort Washington		7/12/2001	_____	_____
6.	Manorlu			_____	_____
Event # 24	Girls	200	14 & under Medley relay	Place	Time
1.	Maple Manor			_____	_____
2.	Oreland		<u>Record</u>	_____	_____
3.	Sunny Willow		<b>2:22.89</b>	_____	_____
4.	Fort Washington		<b>Sunny Willow</b>	_____	_____
5.	Manorlu		7/08/2004	_____	_____
6.	Manufacturers'			_____	_____
Event # 25	Boys	200	14 & under Medley relay	Place	Time
1.	Oreland			_____	_____
2.	Sunny Willow		<u>Record</u>	_____	_____
3.	Fort Washington		<b>2:06.20</b>	_____	_____
4.	Manorlu		<b>Manorlu</b>	_____	_____
5.	Manufacturers'		7/07/2005	_____	_____
6.	Maple Manor			_____	_____
Event # 26	Girls	200	18 & under Medley relay	Place	Time
1.	Sunny Willow			_____	_____
2.	Fort Washington		<u>Record</u>	_____	_____
3.	Manorlu		<b>2:09.06</b>	_____	_____
4.	Manufacturers'		<b>Maple Manor</b>	_____	_____
5.	Maple Manor		7/11/1996	_____	_____
6.	Oreland			_____	_____
Event # 27	Boys	200	18 & under Medley relay	Place	Time
1.	Fort Washington			_____	_____
2.	Manorlu		<u>Record</u>	_____	_____
3.	Manufacturers'		<b>1:56.34</b>	_____	_____
4.	Maple Manor		<b>Oreland</b>	_____	_____
5.	Oreland		7/06/2006	_____	_____
6.	Sunny Willow			_____	_____

# C.J. Martin Relay Carnival July 6<sup>th</sup>, 2011 Sunny Willow Swim Club

Event # 28	MIXED 250	Grand Slam Freestyle relay	Place	Time
1. Manorlu		<u>Record</u>	_____	_____
2. Manufacturers'		<b>2:03.37</b>	_____	_____
3. Maple Manor		<b>Maple Manor</b>	_____	_____
4. Oreland		7/07/2005	_____	_____
5. Sunny Willow		<i>"The Bucket"</i>	_____	_____
1. Fort Washington			_____	_____

Event # 29	MIXED 100	Parent Freestyle relay	Place	Time
1. Manufacturers'		<u>Record</u>	_____	_____
2. Maple Manor		<b>52.14</b>	_____	_____
3. Oreland		<b>Manorlu</b>	_____	_____
4. Sunny Willow		7/09/2007	_____	_____
5. Fort Washington		<i>"The Lamp"</i>	_____	_____
6. Manorlu			_____	_____

Event # 30	MIXED 100	Alumni Freestyle relay	Place	Time
1. Maple Manor		<u>Record</u>	_____	_____
2. Oreland		<b>50.34</b>	_____	_____
3. Sunny Willow		<b>Manorlu</b>	_____	_____
4. Fort Washington		7/09/2009	_____	_____
5. Manorlu		<i>"The Chair"</i>	_____	_____
6. Manufacturers'			_____	_____

Event # 31	MIXED 200	Coach/Lifeguard medley relay	Place	Time
1. Oreland		<u>Record</u>	_____	_____
2. Sunny Willow		<b>1:57.73 (200)</b>	_____	_____
3. Fort Washington		<b>Oreland</b>	_____	_____
4. Manorlu		7/06/2006	_____	_____
5. Manufacturers'		<i>"The Boot"</i>	_____	_____
6. Maple Manor			_____	_____
		<b>55.29 (100)</b>		
		<b>Manufacturers'</b>		
		7/11/2002		



**C.J. Martin Relay Carnival July 6<sup>th</sup>, 2011 Sunny Willow Swim Club**

**CONGRATULATIONS 2011 GRADUATES!**

<b><u>Name</u></b>	<b><u>Club</u></b>	<b><u>High School</u></b>
Caroline Rudkin	Sunny Willow	Upper Dublin High School
Kim Ashmead	Sunny Willow	Upper Dublin High School
Ben Mancini	Oreland	Springfield High School
Billy Riley	Oreland	Springfield High School
Brendan Stone	Oreland	La Salle College High School
Hannah Krewson	Oreland	Springfield High School
Harrison Lynch	Oreland	Springfield High School
Jake Oeschger	Oreland	Springfield High School
Jenny Uehling	Oreland	Springfield High School
Julia Boles	Oreland	Springfield High School
Lizzie Vermire	Oreland	Springfield High School
Sam Chamberlin	Oreland	Springfield High School
Sam Weisser	Oreland	Springfield High School
Sarah Aemiseggar	Oreland	Germantown Academy
Amanda McFadden	Maple Manor	Upper Dublin High School
Carolyn Cover	Maple Manor	Upper Dublin High School
Chris Norman	Maple Manor	Upper Dublin High School
Drew Nealis	Maple Manor	Upper Dublin High School
Jackelyn Rockwood	Maple Manor	Mount St. Josephs Academy
M.C. Kershaw	Maple Manor	Gwynedd Mercy Academy
Shannon Briscoe	Maple Manor	Upper Dublin High School
Tom Kane	Maple Manor	Upper Dublin High School
Austin Craig	Manufacturers'	Saint Josephs Prep
Casey Brown	Manufacturers'	North Penn High School
Mike Magagna	Manufacturers'	Methacton High School
Reid Weber	Manufacturers'	Germantown Academy
Sam Dorshimer	Manufacturers'	Jenkintown High School
Scott Stone	Manufacturers'	LaSalle College High School
Angelique Sawick	Manorlu	Germantown Academy
Ashton Leyens	Manorlu	Upper Dublin High School
Becky Starosta	Manorlu	Upper Dublin High School
Daniel Ezzo	Manorlu	La Salle College High School
Alex Ehmann	Fort Washington	Saint Josephs Prep
Alex Zega	Fort Washington	Abington Friends School
Christoph Schillig	Fort Washington	Germantown Academy
Clayton McLemore	Fort Washington	Upper Dublin High School
Conor Madden	Fort Washington	Saint Josephs Prep
Drew Johnson	Fort Washington	Upper Dublin High School
Ellie Houser	Fort Washington	Upper Dublin High School
Erin Regan	Fort Washington	Upper Dublin High School
Maddie Roak	Fort Washington	Upper Dublin High School
Trevor Gergen	Fort Washington	Upper Dublin High School

Thank you for supporting the  
2011 C.J. Martin Relay Carnival

***SEE YOU NEXT YEAR AT ORELAND!***



## C.J. MARTIN

C.J. inhaled his very first breath of chlorine at the tender age of two months. While his older sister and brother were competing for the Upper Dublin Aquatic Club in the winter, and Fort Washington Swim & Tennis Club in the summer, he followed along to “watch”. He could usually be found in a hallway or vacant corner playing with his Matchbox cars while his siblings competed. He was no stranger to the pool or to competition by the time he started his aquatic career at the age of five and a half years. His first coach at the Fort called his young swimmers the “pole patrollers” because they practiced in the diving well and a guard stood duty with a long pole, just in case...

C.J. performed his first competitive ‘belly flop’ start in an unofficial race at the Fort in 1987 and that, as they say, started it all. It was the beginning of not only his swimming career, but also stoked the competitive fires in a variety of sports that would include baseball, football, soccer, basketball, ice hockey, and lacrosse. Over the years most of these went by the wayside, while lacrosse and swimming quickly became his favorites. As an attack man in lacrosse, he brought speed, a hard shot, and an intense competitive spirit. His strength, however, was swimming. As he grew through the years and practiced his strokes, he developed into a strong backstroker and an even stronger butterfly. He briefly held a few records at the Fort, and at the high school level he qualified for PIAA District I Championships in butterfly as a freshman.

Even though C.J. loved the competition, what he really enjoyed most were the friendships and fun experiences that grew out of spending countless hours practicing with teammates. He was always fun loving, and seemed to thrive on getting the most out of each and every situation. His teammates, friends, and family would all agree that C.J. was fun to be around, that’s for sure! Whether clowning around with friends or entertaining family and relatives, he was truly the life of the party!

Aside from his many athletic endeavors, C.J. enjoyed participating in outdoor activities. He started tent camping with his family at the age of eight months and continued with both his family and Boy Scout troops. Family ski trips were an annual event and although he never quite got the hang of snowboarding, you couldn’t say he didn’t give it his best!

One of C.J.’s most endearing personality traits was his devotion to his little sister, Kelsey. He was always careful to insure her happiness and paid her a great deal of attention. When she stood on the starting block at Fort for the first time, he was standing right there to watch her ‘belly flop’ start and to offer her encouragement. Isn’t it funny that Kels has turned out to be quite a backstroker and butterflyer herself?!

Of course there was also a ‘flip side’ to C.J.’s personality. Just ask Coach Vikye or Mrs. Morrissy how stubborn he could be. And Coach Melissa might want to tell you about the dance they shared at a Sharks swim team banquet when they were no more than ten years of age!

The relay carnival was always a good time for C.J. It was an opportunity to reacquaint with friends from school and to compete for bragging rights. His absolute favorite event was the T-shirt relay! Both years that he participated in the summer relay carnival, he could be found at the pool early helping his Dad set up the team areas and clowning around with friends who were already on deck. His spirit is alive at each and every relay carnival that takes place and his family is proud of the honor bestowed upon C.J. that the event now holds his name. Thank you!



The Martin Family