

Dual Meet Dive Requirements

11 & under: (3 dives)

One required (Drawn from 101, 201)

Two optionals from at least two groups

12 - 14: (4 dives)

One required (Drawn from 101, 201, 401)

Three optionals from three groups

15 & over: (5 dives)

One required (Drawn from 101, 201, 301, 401)

Four optionals from four groups

Division Championship Dive Requirements

11 & under: (4 dives)

Two required: 101 and 201

Two optionals from two groups

12 - 14: (5 dives)

Three required: 101, 201 and 401

Two optionals from two groups

15 & over: (6 dives)

Three required: 101, 201 and 401

Three optionals from three groups

League Championship Dive Requirements

11 & under: (5 dives)

Two required: 101, 201

Three optionals from at least two groups

12 - 14: (6 dives)

Three required: 101, 201, 401

Three optionals from three groups

15 & over: (8 dives)

Four required: 101, 201, 301, 401

Four optionals from at least three groups